



A Merciful Saint: Saint Faustina



Gather





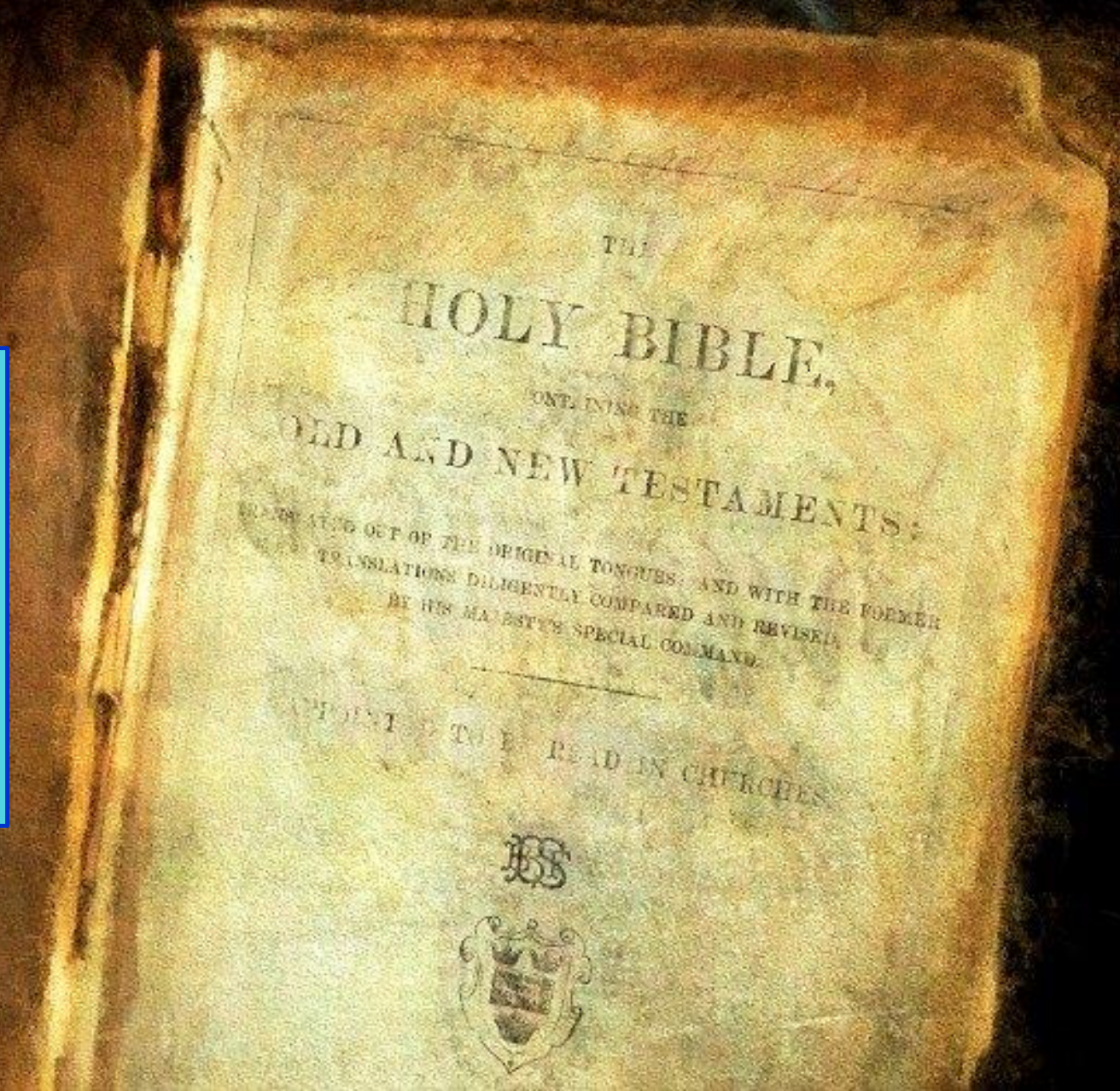
Father,
Thank you for
your word.
Help us to listen
And show your
love.

Amen

Listen

The fifth Beatitude says:

‘Blessed are the merciful for they will be shown mercy.’



What does it
mean to 'be
merciful'...to
'show mercy'
to others?



Merciful Saint Faustina



The saints give us examples of how we should live a life that draws us closer to Jesus.

Saint Faustina is one saint that can teach us God's message. Her entire life, in imitation of Christ's, was to be a sacrifice - a life lived for others.



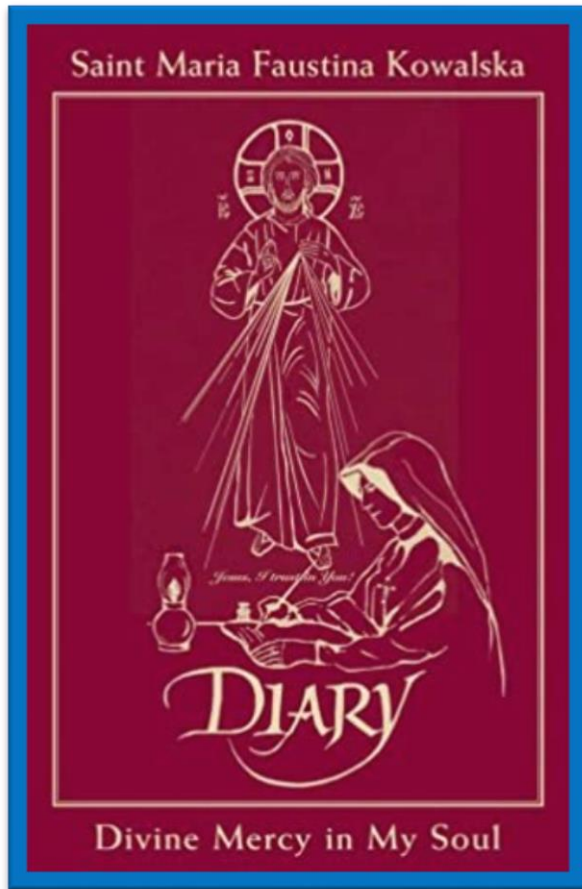
Helena Kowalska was born in Poland on August, 25, 1905. She entered the convent of the Congregation of the Sisters of Our Lady of Mercy at age 20 and took the name Sister Maria Faustina of the Blessed Sacrament.



Sr. Faustina

Is it possible for you to extend mercy to others?





On February 22, 1931, Faustina was visited by Jesus. Despite being barely able to write Faustina was encouraged to write a diary. This is what she wrote:

In the evening, when I was in my cell, I became aware of the Lord Jesus clothed in a white garment. One hand was raised in blessing, the other was touching the garment at the breast. From the opening of the garment at the breast there came forth two large rays, one red and the other pale. In silence I gazed intently at the Lord; my soul was overwhelmed with fear, but also with great joy. After a while Jesus said to me, "Paint an image according to the pattern you see, with the inscription: Jesus, I trust in You."



The image of Divine Mercy



St. Faustina had this picture of her vision painted. With the help of a priest she distributed the images in Poland, and people began to pray before them.

Jesus also asked her to put words with the image.

“Jesus, I trust in You”

Do you trust in Jesus?



Chaplet of Divine Mercy

In 1935, Faustina wrote in her diary of a vision about the Chaplet of Divine Mercy. A special prayer that can be said using a Rosary. Its has three purposes: to obtain mercy, to trust in Christ's mercy and to show mercy to others.

START! OUR FATHER
HAIL MARY
APOSTLES' CREED

**THE CHAPLET
OF DIVINE MERCY**

CONCLUDE WITH 3X
HOLY GOD, HOLY MIGHTY
ONE, HOLY IMMORTAL ONE,
HAVE MERCY ON US AND ON
THE WHOLE WORLD.

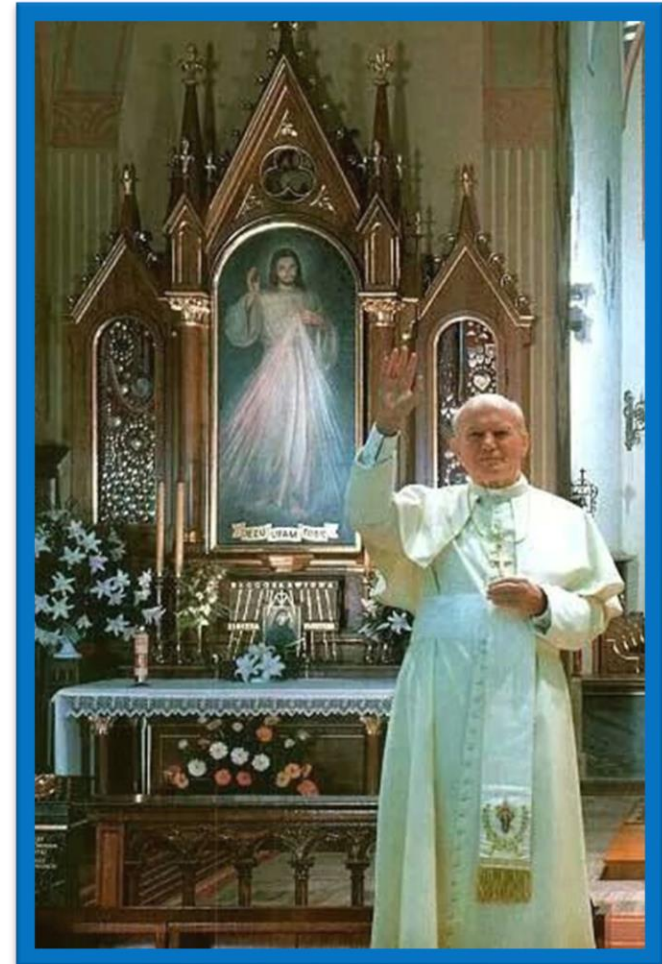
Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

The infographic illustrates the structure of the Chaplet of Divine Mercy. It features a blue background with a white dotted path forming an oval shape. A yellow 'X' marks the starting point on the left. The path is composed of white beads, with yellow beads marking specific points: the start, the beginning of the first prayer, the beginning of the second prayer, and the end. A curved arrow on the right indicates the direction of prayer. Text boxes provide the starting prayers, the two main prayers, and the concluding prayer.

Pope St. John Paul II had a particular devotion to St. Faustina and established Divine Mercy Sunday, which is celebrated each year on the Sunday one week after Easter Sunday. Saint Faustina is known as the Missionary of Divine Mercy.

What does mercy mean to you?



Respond



“Therefore be merciful, just as your Father also is merciful.” [Luke 6:36](#).

RESPOND - Prayer

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances.

Help me, that my ears may be merciful, so that I may give heed to my neighbours' needs.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbour.

Help me, O Lord, that my hands may be merciful and filled with good deeds.

Help me, that my feet may be merciful, so that I may hurry to assist my neighbour.



Mission

A large wooden cross silhouette stands on a hill against a sunset sky. The sun is low on the horizon, creating a bright glow and rays of light that fan out across the sky. The sky is a mix of deep blue and orange. The foreground shows the dark silhouette of the hill and some distant hills.

"Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets." Matthew 7:12.

Jesus' Call to Mercy

Jesus gave us three ways to show mercy towards others...

First by deed

Exercise mercy toward others through deeds.

Try to find selfless acts to help others.

Second by word

Exercise mercy through words.

Speak kindly and do not gossip about others.

Third by prayer

Exercise mercy through prayer.

Find quiet times to pray and speak to God.

If you have a Rosary you may wish to learn how to pray the Chaplet of Divine Mercy.





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