



The Beatitudes - Blessed are those who hunger and thirst for Righteousness.

Matthew 5: 1 - 12



Gather: Hunger for
Righteousness





Father,
Thank you for
your word.
Help us to listen
And show your
love.

Amen

Listen: Hunger for
Righteousness





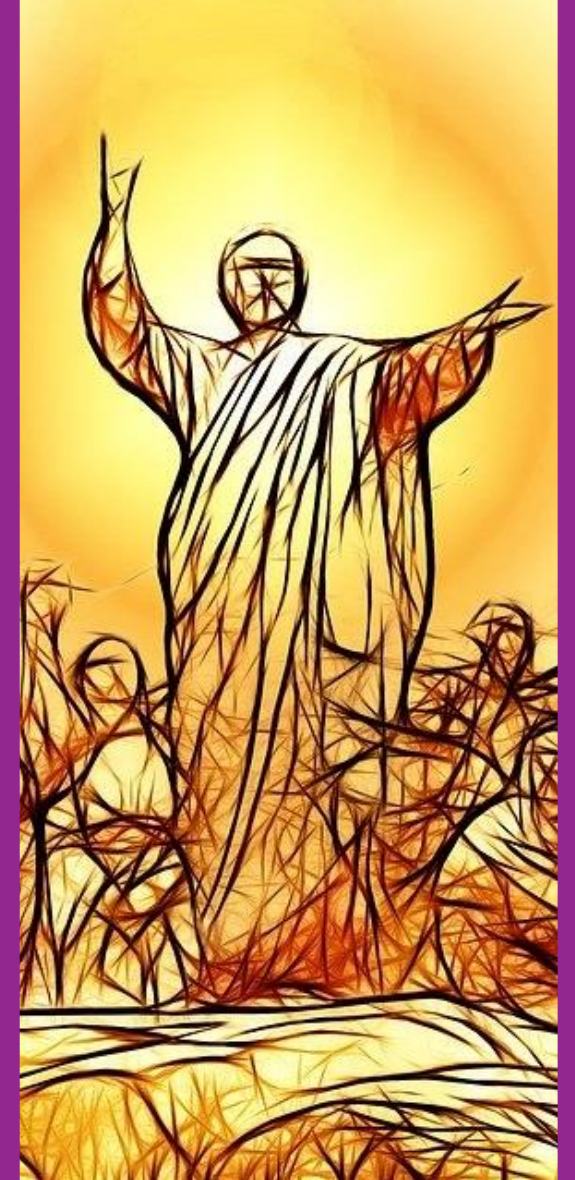
During the
Sermon on the
Mount, Jesus
'gave' us the
Beatitudes.

Matthew 5:1-12

The Beatitudes

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him.

Then he began to speak, and taught them, saying:



Blessed are the poor in spirit,
for theirs is the kingdom of
heaven.

Blessed are those who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the earth.

Blessed are those who hunger
and thirst for righteousness,
for they shall be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the pure in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children
of God.

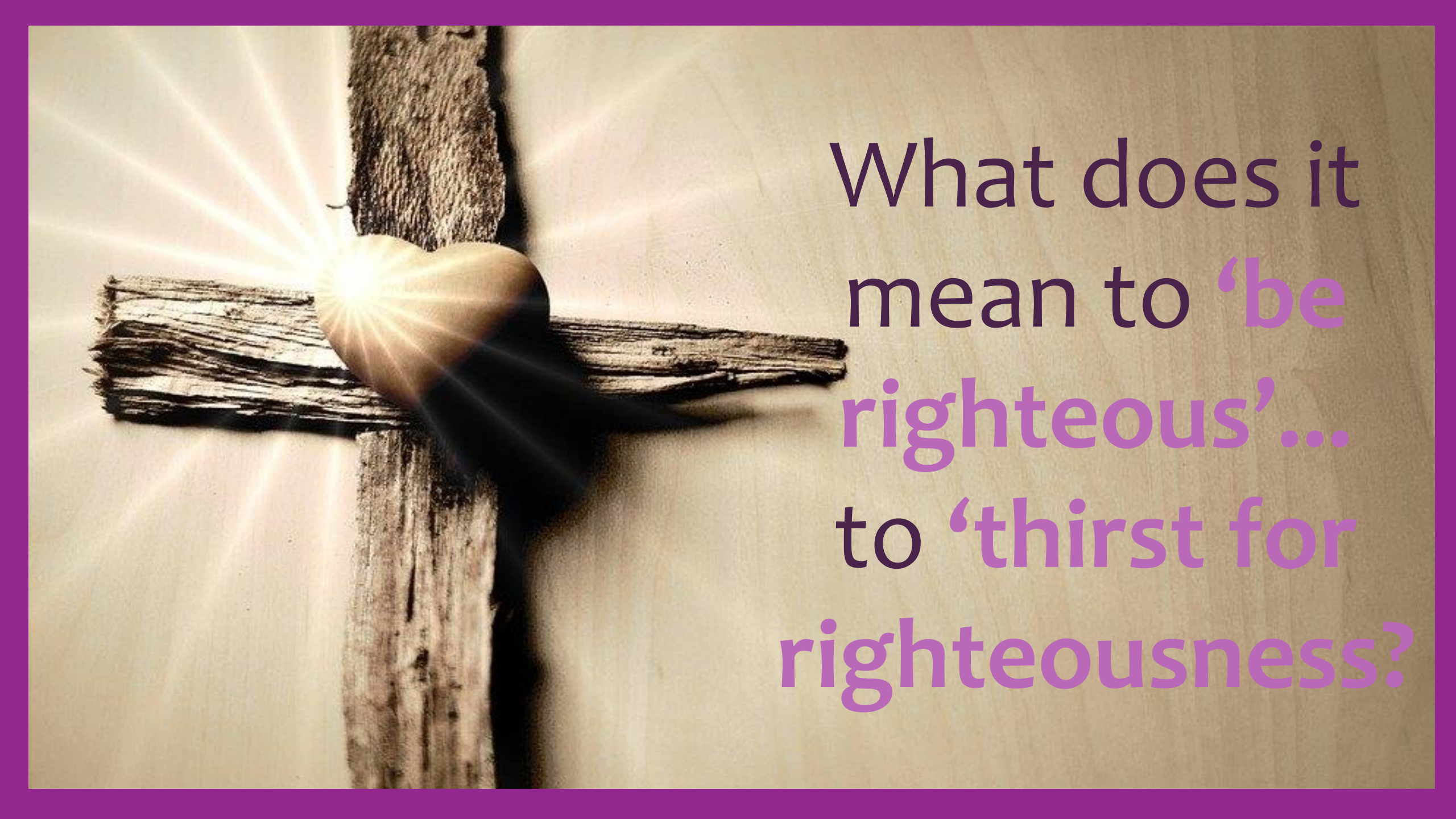
Blessed are those who are
persecuted because of
righteousness, for theirs
is the kingdom of heaven.

The fourth
beatitude
tells us...

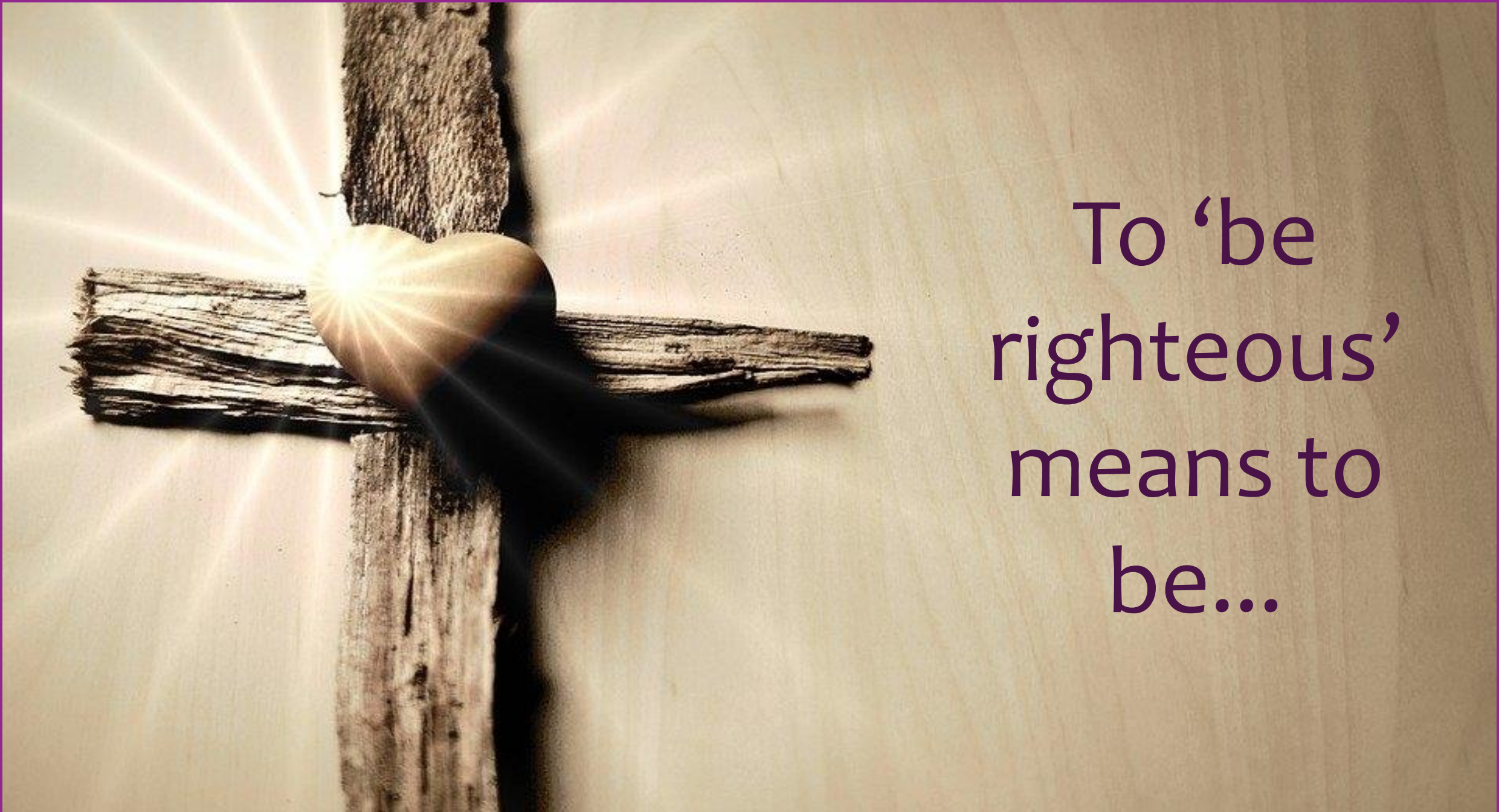


“Blessed are those who
hunger and thirst for
righteousness,
for they shall be satisfied.”

Matthew 5:6

A wooden cross is centered on the left side of the image. At the intersection of the cross's arms, a glowing apple is positioned, emitting bright rays of light that fan out across the background. The background is a light, textured surface, possibly a wall or a piece of paper, with a soft, warm glow. The overall composition is simple and symbolic.

What does it
mean to **'be
righteous'...**
to **'thirst for
righteousness?**



To 'be
righteous'
means to
be...



Morally Right/
Just

Doing the
right thing

Good

Virtuous




Upright/
Upstanding

Decent

Worthy

Ethical

A wooden cross is centered on the left side of the image. A glowing, golden apple is positioned at the intersection of the cross's arms. Bright rays of light emanate from the apple, creating a starburst effect. The background is a plain, light-colored wall. The text is overlaid on the right side of the image.

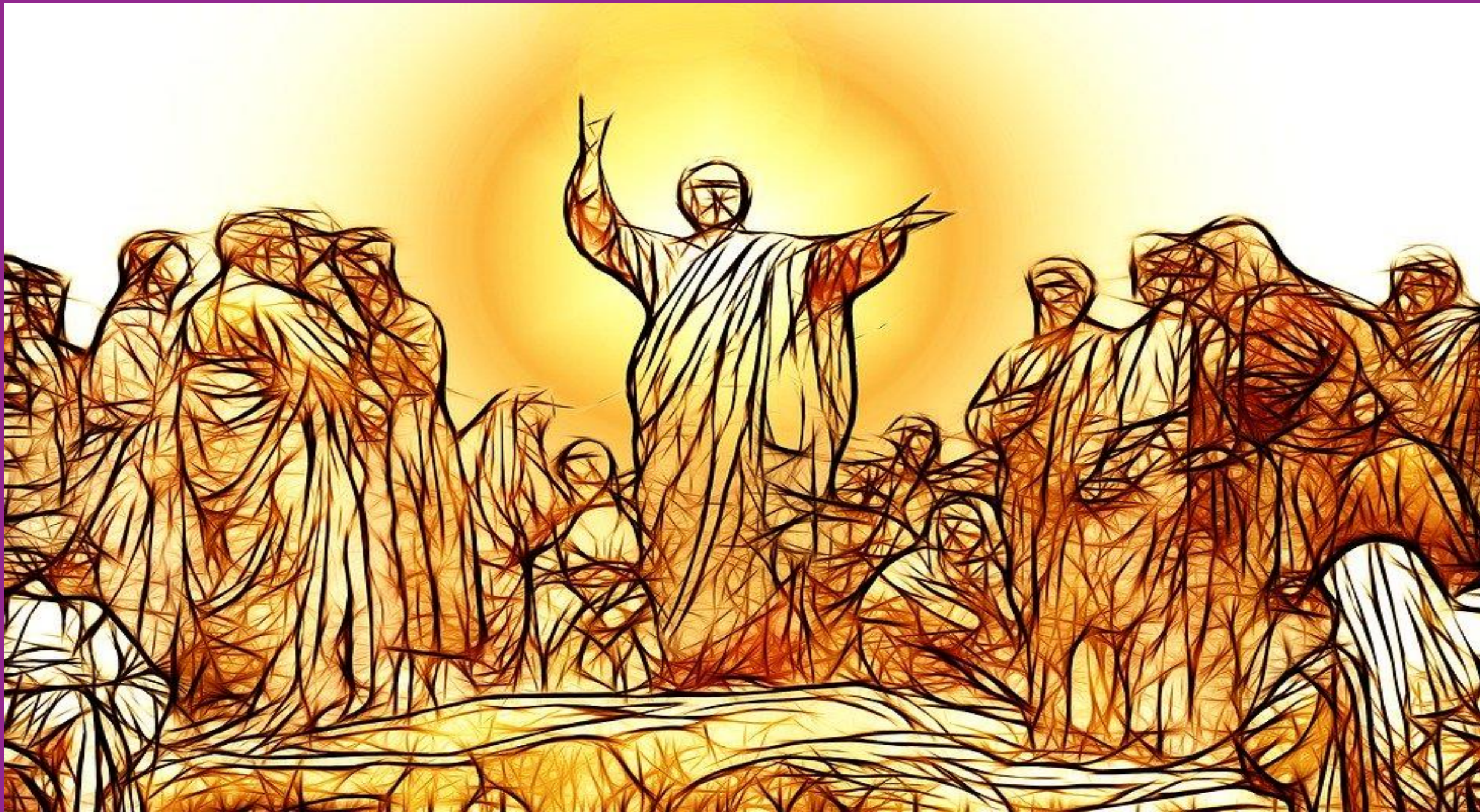
Which picture do
you think best
shows ways of
'being righteous'?
Take a moment to
think...



“Humanity needs justice, peace and love and we can have this only by returning with our hearts towards God who is the source of all this.”

Pope Francis





Respond: Hunger
for Righteousness



How can
we show
that we are
Righteous?



‘Blessed are the righteous’

Try to hunger and thirst for Righteousness by:

- Doing the right thing in school and at home
- Making good choices
- Doing good deeds at home, school and in the community.
- Showing kindness and compassion for those that are lonely, sad or in need of a friend.



‘Blessed are the righteous’

Try to hunger and thirst for Righteousness by:

- Showing compassion for our sisters and brothers around the world, who are in need of our help.
- Taking care of God’s creation, at home and further afield.
- Living more simply, not always wanting more.



“To all people of good will
who are working for social
justice: never tire of
working for a more just
world, marked by greater
solidarity!”

Pope Francis



Respond - Prayer



Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work too, may be holy.
Draw my heart, O Holy Spirit, that I love but what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, then, O Holy 'Spirit, that I always may be holy.
Amen.



— St. Augustine

Mission: Hunger
for Righteousness



Mission



How can you do the right thing today?

- Create a list of acts of kindness that you can then turn into actions in school and at home.
- Research different charities, locally, nationally and internationally that aim to help people – Then think about ways you can get involved to support their work.
- Think about someone who is lonely and how you can bring a smile to them today.
- Create ideas on ways you can look after God's creation in your local area and beyond



‘Blessed are
those who
hunger and
thirst for
righteousness’

Matthew 5:6

