

# THE BEATITUDES

'Blessed Are The Pure In Heart For They Shall See God.'

Matthew 5: 1 - 12





JOHN 3

be lifted up, <sup>15</sup> that whoever believes  
in him may have eternal life.

16 For God so loved the world that  
he gave his only Son, that whoever  
believes in him should not perish but  
have eternal life.



**Gather**

**'Pure In Heart'**



**THANK YOU**  
**THANK YOU**  
**THANK YOU**  
**THANK YOU**  
**THANK YOU**  
**THANK YOU**  
**THANK YOU**

Father,  
Thank you for  
your word.  
Help us to  
listen  
And show your  
love.

**Amen**



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**Listen**

**'Pure In Heart'**





# The Beatitudes

The Beatitudes are a beautiful collection of sayings by Jesus. They sum up his teaching about what it means to live as a child of God's kingdom.

They can be found right at the beginning of a long teaching discourse by Jesus in Matthew's Gospel, known as the Sermon on the Mount. One of the ways that Matthew presents Jesus is as a kind of 'new Moses.' So, just as Moses taught the people of Israel from the mountain after he had received the law, so Jesus begins his ministry by going up a mountain and teaching his disciples.







**When Jesus saw  
the crowds, he  
went up the  
mountain; and after  
he sat down, his  
disciples came to  
him.**

**Then he began to  
speak, and taught  
them, saying:**





**‘Blessed are the poor in spirit, for theirs is  
the kingdom of heaven.**

**Blessed are they who mourn, for they will be  
comforted.**

**Blessed are the meek, for they will inherit the  
land.**

**Blessed are they who hunger and thirst for  
righteousness, for they will be satisfied.’**





**‘Blessed are the merciful, for they will be shown mercy.**

**Blessed are the pure of heart, for they will see God.**

**Blessed are the peacemakers, for they will be called children of God.**

**Blessed are they who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.’**






# The sixth beatitude tells us...

**Blessed are the pure of heart,  
for they will see God.**

**Matthew 5:8**







**What do  
you think it  
means to  
be 'pure in  
heart'?**





The Greek word for  
'pure' in Matthew 5:8  
is **katharos**.

It means to be 'clean,  
blameless, unstained  
from guilt'.





Can you think  
of any other  
words which  
would describe  
someone who  
is 'pure in  
heart'?





**Thoughtful**

**Generous  
of spirit**

**Compassionate**





**Integrity**

**Trustworthy**

**Selfless**



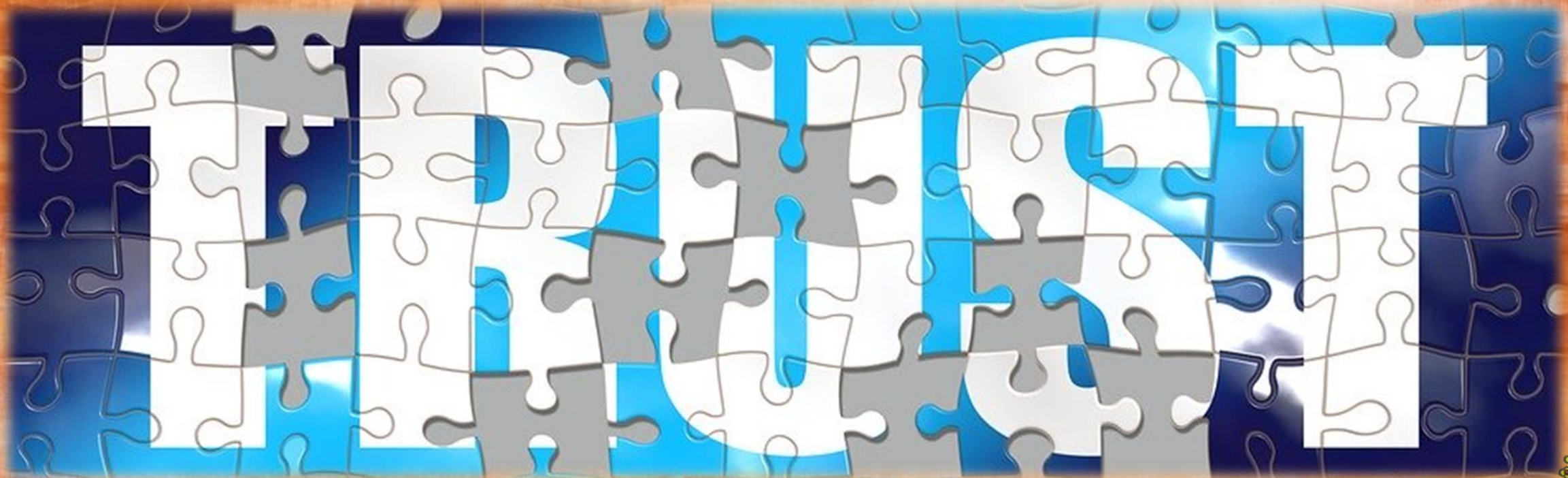


**What will help others to see  
that we are compassionate?**



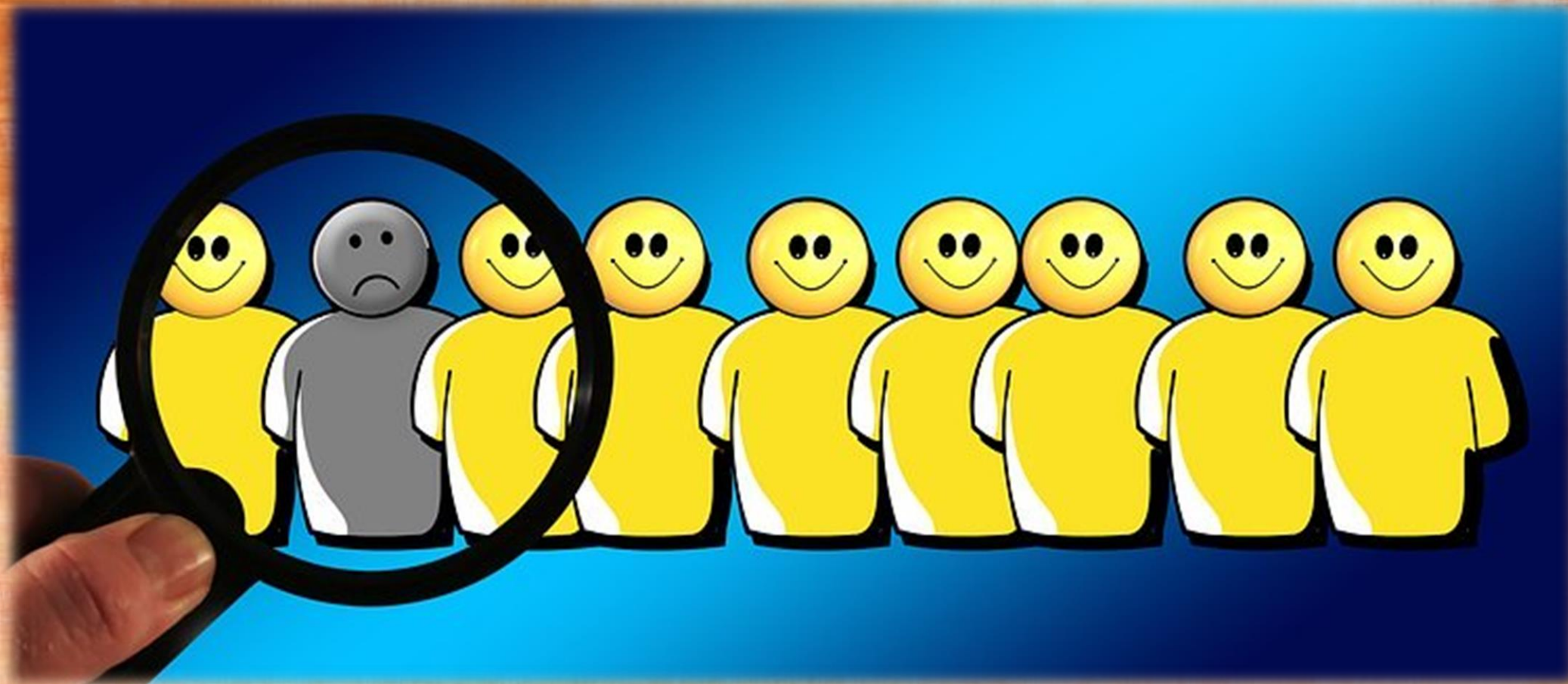


**How can we show that we are trustworthy?**





**When can we reach out to those  
most in need of our love?**





How can we show people that  
we have integrity?

T<sup>5</sup> R<sup>8</sup> U<sup>2</sup> T<sup>5</sup> H<sup>6</sup>





# To be 'pure in heart' means:

- Having Jesus in our hearts, being guided by Him.
- Being open and honest with ourselves and others.
- Wanting to please God in all things.





**‘Let us open the doors of our hearts to the Holy Spirit so that He may purify us and lead us on this journey towards joy and peace.’**

**Pope Francis**  
(April 2020)





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**Respond**

**'Pure In Heart'**





**How can we show others that we are 'pure in heart', that Jesus' love is in our hearts and that we are doing our best to 'please' Him in our daily lives?**





# We can try to be 'pure in heart' by...

- Doing the right thing in school and at home simply because 'it is the right thing to do'.
- Putting the needs of others before ourselves.
- Loving others unconditionally, just as God loves each and every one of us.
- Showing kindness and compassion to those that are lonely, sad or in need of a friend, especially in these difficult times.





To show Jesus how much He is 'in our hearts' we should try **NOT** to...

- Judge others and treat them differently because others do.
- Put our own needs before those of others.
- Make decisions based on what would be best for us without thinking of the impact on others.
- Be selfish and self-centred.





# Prayer for 'Christlikeness'

St. John Henry Newman

Dear Jesus, help me to spread your fragrance  
everywhere I go;

Flood my soul with your spirit and life;

Penetrate and possess my whole being so completely

That all my life may be only a radiance of yours;

Shine through me and be so in me

That everyone with whom I come into contact

May feel your presence within me.

Let them look up and see no longer me—but only Jesus.

**Amen**





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**Mission**

**'Pure In Heart'**





## How can we 'open the doors of our heart' as Pope Francis asks us to?

- Design/Create a 'Pure In Heart' logo to show how Jesus wants us to show His love to others.
- How could you 'open your heart' to the wider community? Research various charities that try to help others; can you do anything to 'help' others, either locally or further afield?
- During the Sermon on the Mount, Jesus taught the crowd the 'Our Father' (Matthew 6: 9-15); what does this prayer tell us about being 'pure of heart' and 'opening the door of our hearts to others'?
- Compile a 'To Do' list of little things that you are going to try and do this week to demonstrate your love for your 'neighbour'.







**‘Create in me a  
pure heart, O  
God, and renew  
a steadfast  
spirit within  
me.’**

**Psalm 51:10**







**Blessed are  
the pure of  
heart, for  
they will  
see God.**







**‘Even a child makes himself known by his acts,  
by whether his conduct is pure and upright.’**

**Proverbs 20:11**