



SACRED HEART
CATHOLIC PRIMARY
SCHOOL & NURSERY

Supporting children with medical conditions

This is our school.

Together we worship; Together we learn; Together we belong.

With the love of God, our dreams and ambitions come true



September 2023

Policy Date: September 2023

Policy Status: Statutory Policy

Awaiting approval by Governing

Body October 2023

Review Cycle: 12 months or as required

Next Review Date: September 2024



At Sacred Heart Catholic Primary School & Nursery we are proud to provide a safe, stimulating and inclusive learning environment where every member of our community is valued and respected.

Mission Statement

**'Together we worship, Together we learn,
Together we belong – with the love of God...
our dreams and ambitions come true.'**

Our broad, balanced, creative curriculum and enrichment activities provide opportunities for everyone to achieve and succeed. Together we take pride in making a positive contribution to our school and the wider community.

This policy should be referred to in conjunction with the SEND policy, SEND report and children's health needs policy.

SAFEGUARDING STATEMENT

"Sacred Heart Catholic Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment".



What legislation is this guidance issued under?

Section 100 of the Children and Families Act 2014 places a duty on governing bodies of maintained schools, proprietors of academies and management committees of PRUs to make arrangements for supporting pupils at their school with medical conditions. In meeting the duty, the governing body, proprietor or management committee must have regard to guidance issued by the Secretary of State under this section. This guidance came into force on 1 September 2014.

Supporting children and young people with Medical Conditions in school

The school is an inclusive community that aims to support and welcome all children and young people including those with medical conditions.

- The governing body understand that it has a responsibility to make arrangements for supporting pupils with medical conditions who currently attend and to those who may attend in the future.
- Pupils with medical conditions are encouraged to take control of their condition. Pupils feel confident in the support they receive from the school to help them do this.
- The school ensures it provides all children with all medical conditions the same opportunities at school.
- The school aims to include all pupils with medical conditions in all school activities.
- The school ensures all staff (teaching and support) understand their duty of care to children and young people in the event of an emergency.
- All staff are confident in knowing what to do in an emergency and receive regular training to do so.
- There is knowledge that certain medical conditions are serious and can be potentially life-threatening.
- All staff understand the common medical conditions¹ that can affect all children/young people in school. Staff receive training on the impact this can have on pupils.

All staff have a sound knowledge, understand their role and are trained to a level that fulfils and informs them in what to do to support children/young people with the most common serious medical conditions found at the school and how to uphold the policy.

¹ Common medical conditions include Asthma, Epilepsy, Diabetes and Anaphylaxis

- All staff at the school are aware of the most common serious medical conditions which they may come across when children are in their care.
- Staff understand their duty of care to pupils in the event of an emergency. In an emergency situation school staff are required under common law duty of care to act like any reasonably prudent parent. This may include administering medication.
- Parents will be informed if their child has been unwell at school.
- All staff that work directly with pupils receive training and know what to do in an emergency for the pupils in their care with medical conditions.
- The school recognises a first-aid certificate does not constitute as appropriate training for medical conditions.
- Action for staff to take in an emergency for the common serious conditions at the school is displayed in prominent locations for all staff including classrooms, kitchens, PPA area and the staff room.
- The school uses the child/young person's individual Medical Needs Plan to inform the appropriate staff (including supply teachers and support staff) of pupils in their care who may need emergency help.
- The school has procedures in place so that the most up to date/single master copy of the child/young person's individual Medical Needs Plan is sent to the emergency care setting with the pupil. On occasions when this is not possible the form is sent (or the information on it is communicated) to the hospital as soon as possible.
- The school has a plan in place to cover staff absence and sickness.

The school's Governing body has a responsibility to:

- Uphold the Equality Act 2010 and make any reasonable adjustments.
- Ensure that arrangements are in place to support pupils with medical conditions (plans and suitable accommodation). In doing so they should ensure that such children can access and enjoy the same opportunities at school as any other child.
- Take in to account that many of the medical conditions that require support at school will affect quality of life and may be life-threatening and therefore focuses on the needs of the individual child/young person.

- Be aware that in some cases a flexible approach may be required, for example, programmes of study that rely on a part-time attendance in ~~contin~~ with Alternative Provision.
- Consider how the child/young person will be reintegrated back into ~~school~~ after periods of absence.
- Consider that children/young people with medical conditions are entitled to full-time education and should not be denied admission, however, inline with Safeguarding duties ensure that no pupil's health is put at unnecessary risk.
- Make sure the supporting medical conditions in school policy is effectively implemented, monitored and evaluated and updated in line with the school policy review timeline.
- Ensure all parents are fully aware and understand their responsibilities.

The school's Headteacher has a responsibility to:

- Ensure the school puts the policy into practice and develop detailed procedures and ensure this is effectively implemented with partners.
- Liaise between interested parties including child/young people, school staff, SENDCO, teaching assistants, school nurses, parents, governors, the school health service, the Local Authority and local emergency care services and seek advice when necessary.
- Ensure that information held by the school is accurate and up to date and that there are good information sharing systems in place using child/young person's individual Medical Needs Plan.
- Assess quality assured training and support the development needs of staff and arrange for them to be met via formally commissioned arrangements.
- Ensure all supply teachers and new staff are briefed and know the medical conditions policy.
- Delegate a staff member to check the expiry date of medicines kept at school and maintain the school medical register.
- In partnership with the parent have joint responsibility for the safe travel of the child/young person.

- Recruit staff to deliver against all individual Medical Needs Plans and make sure all staff are appropriately insured.

All staff at the school have a responsibility to:

- Be aware of the potential triggers, signs and symptoms of common medical conditions and know what to do in an emergency by receiving whole school awareness training.
- Be aware that medical conditions can affect a child/young person's learning and provide extra help when a child/young people needs it.
- Understand the policy and how this impacts on a child/young person's education.
- Know which child/young people in their care have a medical condition and be familiar with the content of the child/young person's individual Medical Needs Plan.
- Allow child/young person to have immediate access to their emergency medication.
- Maintain effective communication with parents including informing them if their child has been unwell at school.
- Ensure child/young person who carry their medication with them have it when they go on a school visit or out of the classroom.
- Be aware of child/young person with medical conditions who may be experiencing bullying or need extra social support.
- Understand the common medical conditions and the impact it can have on child/young person.
- Ensure child/young person with medical conditions are not excluded unnecessarily from activities they wish to take part in.
- Ensure child/young person has the appropriate medication or food with them during any exercise and are allowed to take it when needed.

First aiders at the school have a responsibility to:

- Give immediate help to casualties with common injuries or illnesses and those arising from specific hazards with the school.

- When necessary ensure that an ambulance or other professional medical help is called.

The SENDCO at the school has responsibility to:

- Update the school's medical condition policy.
- Know which child/young people have a medical condition and which have special educational needs because of their condition.
- Ensure if a child has an EHC Plan their medical conditions are linked and become a part of this statutory document.
- Be the key member or liaise with other staff to ensure child/young people with medical conditions continue to make expected progress.
- Ensure teachers make the necessary arrangements and make reasonable adjustments if a child/young person needs special consideration or access arrangements in exams, work or for trips out of the classroom.

The pastoral support staff at the school have the responsibility to:

- Know which child/young people have a medical condition and which have special educational needs because of their condition.
- Monitor children/young people's attendance and punctuality and consider additional support and planning with the SENCO.
- Ensure all children/young people with medical conditions are not excluded unnecessarily from activities they wish to take part in.

The school nurse and others from the local Health Community and services who work with the school has a responsibility to:

- Co-operate with schools to support children/young people with a medical condition.
- Be aware of the needs and training the school staff need in managing the most common medical conditions at school.
- Provide information about where the school can access other specialist training or provide alternative training if this has been locally developed.

Other healthcare professionals, including GPs and paediatricians have responsibility to:

- Notify the school nurse when a child has been identified as having a medical condition that will require support at school.
- Provide advice on developing healthcare plans.
- Consider that Specialist local health teams may be able to provide support in schools for children with particular conditions (e.g. asthma, diabetes, epilepsy).

Local authorities have a duty to:

- Under Section 10 of the Children Act 2004, promote co-operation between relevant partners – such as governing bodies of maintained schools, proprietors of academies, clinical commissioning groups and NHS England – with a view to improving the wellbeing of children with regard to their physical and mental health, and their education, training and recreation.
- Alongside clinical commissioning groups (CCGs), make joint commissioning arrangements for education, health and care provision for children and young people with SEN or disabilities (Section 26 of the Children and Families Act 2014).
- Provide support, advice and guidance, including suitable training for school staff, to ensure that the support specified within individual Medical Needs Plans can be delivered effectively.
- Work with schools to support pupils with medical conditions to attend full-time. Where pupils would not receive a suitable education in a mainstream school because of their health needs, the local authority has a duty to make other arrangements. Statutory guidance for local authorities sets out that they should be ready to make arrangements under this duty when it is clear that a child will be away from school for 15 days or more because of health needs (whether consecutive or cumulative across the school year).

The parents of a child/young person at the school have a responsibility to:

- Tell the school if their child has a medical condition.
- Ensure the school has a complete and up-to-date Medical Needs Plan for their child.
- Inform the school about the medication their child requires during school hours.
- Inform the school of any medication their child requires while taking part in

educational visits or residential visits, especially when these include overnight stays.

- Tell the school about any changes to their child's medication, what they take, when, and how much.
- Inform the school of any changes to their child's condition.
- Ensure their child's medication and medical devices are labelled with their child's full name and date of birth and a spare is provided with the same information.
- Ensure that their child's medication is within expiry dates.
- Inform the school if their child is feeling unwell.
- Ensure their child has regular reviews about their condition with their doctor or specialist healthcare professional and information that will require the school to support the child is passed on to them.
- Ensure their child has a written care/self-management plan from their doctor or specialist healthcare professional to help their child manage their condition.

All staff understand and are trained in the school's general emergency procedures

- The school has a general Health and Safety Policy that includes risk assessments and have arrangements in place to deal with emergencies.
- All staff know what action to take in the event of a medical emergency including how to contact the emergency service and who to contact within school.
- Action to take in a general medical emergency is displayed in prominent locations for staff. These include classrooms, the staff room, food preparation areas and sporting facilities.
- If a child/young person needs to be taken to hospital, a member of staff will always accompany them and will stay with them until a parent arrives. The school tries to ensure that the staff member will be one the child knows.
- Staff should not take child/young person to hospital in their own car. It is safer to call an ambulance.

The school has clear guidance on the administration of medication at school and what is deemed as unacceptable practice

General Medication

- The school understands the importance of medication being taken as prescribed.
- All staff are aware that there is no legal or contractual duty for any member of staff to administer medication or supervise a child/young person taking medication unless they have been specifically contracted to do so.
- All use of medication defined as a controlled drug, even if the child/young person can administer the medication themselves, is done under the supervision of a named member of staff at this school.
- For medication where no specific training is necessary, any member of staff may administer prescribed and non-prescribed medication to

children/young people under the age of 16, but only with the written consent of their parent.

- Training is given to all staff members who agree to administer medication to pupils, where specific training is needed.
- Parents at this school understand that if their child's medication changes or is discontinued, or the dose or administration method changes, that they should notify the school immediately.
- If a child/young person at this school refuses their medication, staff should not force them. They should record this and follow procedures set out in the individual Medical Needs Plan. Parents are informed as soon as possible.
- If a child/young person misuses medication, either their own or another child/young person's, their parents are informed as soon as possible. These children/young people are subject to the school's usual disciplinary procedures.

Emergency Medication

- The child/young person with medical conditions has easy access to their medication.
- The child/young person is encouraged to carry and administer their own emergency medication, only when their parents and health professionals determine they are able to begin taking responsibility. All children/young people carry their medication with them at all times, except if they are controlled drugs as defined in the Misuse of Drugs Act 1971. This is also the arrangement on any off-site or residential visits.
- A child/young person who does not carry and administer their own medication knows where their medication is stored and how to access it.
- Children/young people who do not carry and administer their own medication understand the arrangements for a member of staff (and the secondary member of staff) to assist in helping them take their medication safely.

The school has clear guidance keeping clear and up to date records which supports the planning and access to the above.

Admissions

- Parents at this school are asked if their child has any health conditions or health issues on the admission form, which is filled out at the start of each school year. Parents of new pupils starting at other times during the year are also asked to provide this information on admission forms.

Transitional Arrangements

- Arrangements should be in place between schools and arrangements should be in place for the start of the relevant school term.
- School is not required to wait for a formal diagnosis before providing support but does require the parent to share all information relating to their child's medical needs. This should be later supported with information provided by healthcare professionals.

School Medical register

- Individual Medical Needs Plans are one document that is used to create a Medical register of pupils with medical needs, not all children/young people with medical conditions will need an individual plan. An identified member of staff has responsibility for the medical register at school.
- The identified member of staff has responsibility for the medical register and follows up with the parents any further details on a child/young person's Individual Healthcare Plan required or if permission for administration of medication is unclear or incomplete.

Individual Healthcare Plans

- An individual Healthcare plan may be initiated by a member of school staff, plans should be drawn up with the input of healthcare professionals e.g. Specialist Nurse, parents and the child.
- As a sign of good practice, the school will use individual Medical Needs Plans to record important details about individual children's medical needs at school, their triggers, signs, symptoms, medication and other treatments and use this to identify the level of support they need.

- The level of detail within the Individual Healthcare Plan will depend on the complexity of the condition and the degree of support needed.
- An individual Medical Needs Plan, accompanied by an explanation of why and how it is used, is sent to all parents of pupils with a long-term medical condition. This is sent:
 - at the start of the school year
 - at admission
 - when a diagnosis is first communicated to the school.
- If a child/young person has a short-term medical condition that requires medication during school hours, a medication form is completed by parents.

Ongoing communication and review of the Individual Healthcare Plan

- Parents at this school are regularly reminded to update their child's individual Medical Needs Plan if their child has a medical emergency or if there have been changes to their symptoms (getting better or worse), or their medication, treatments or conditions change.
- Staff at this school use opportunities to invite parents to review and check that information held by the school on a child/young person's condition is accurate and up to date.
- Every child/young person with an individual Medical Needs Plan at this school has their plan discussed and reviewed at least once a year.
- Where the child has SEND, the individual Medical Needs Plan should be as part of the graduated approach of Assess, Plan, Do, Review and/or linked to or become part of their Education Health and Care Plan if they have one.

Storage and access to Individual Healthcare Plans

- The school ensures that all staff protect confidentiality.
- Individual Medical Needs Plans are kept in a secure central location at school.

- Apart from the central copy, specified members of staff (agreed by the pupil and parents) securely hold copies of individual Medical Needs Plans. These copies are updated at the same time as the central copy.
- All members of staff who work with groups of children/young people will access the individual Medical Needs Plan to provide support with their planning of teaching and learning.
- When a member of staff is new to a pupil group, for example due to staff absence, the school makes sure that they are made aware of (and have access to) the individual Medical Needs Plan of children/young people in their care.
- The school seeks permission from parents to allow the individual Medical Needs Plan to be sent ahead to emergency care staff, should an emergency happen during school hours or at a school activity outside the normal school day.

Individual Healthcare Plans are used by the school to:

- Inform the appropriate staff and supply teachers about the individual needs of children/young people with a medical condition in their care.
- Remind children/young people with medical conditions to take their medication when they need to and, if appropriate, remind them to keep their emergency medication with them at all times.
- Identify common or important individual triggers for children/young people with medical conditions at school that bring on symptoms and can cause emergencies. The school uses this information to help reduce the impact of common triggers.
- Ensure that all medication stored at school is within the expiry date.
- Ensure this school's local emergency care services have a timely and accurate summary of a pupil's current medical management and healthcare in the event of an emergency.
- Remind parents of a child/young person with medical conditions to ensure that any medication kept at school for their child is within its expiry dates. This includes spare medication.

Consent to administer medicines

- If a child/young person requires regular prescribed or non-prescribed medication at school, parents are asked to provide consent on their child's individual Medical Needs Plan giving the pupil or staff permission to administer medication on a regular/daily basis, if required. A separate form is sent to parents for pupils taking short courses of medication.
- All parents of children/young people with a medical condition who may require medication in an emergency are asked to provide consent when reviewing the individual Medical Needs Plan.
- If a child/young person requires regular/daily help in administering their medication then the school outlines the school's agreement to administer this medication on the individual Medical Needs Plan. The school and parents keep a copy of this agreement.

Off-site, Sporting Activities and Residential visits

- Parents are sent a residential visit form to be completed and returned to school shortly before their child leaves for an overnight or extended day visit. This form requests up-to-date information about the child/young person's current condition and their overall health. This provides essential and up-to-date information to relevant staff and school supervisors to help children/young people manage their condition while they are away. This includes information about medication not normally taken during school hours.
- When attending a residential visit or off-site activity (including sporting events) the lead staff member will have copies of all visit paperwork including risk assessments for children/young people where medication is required. A copy of the individual Medical Needs Plan will accompany the child/young person if necessary and reference should be made to any medical conditions in the planning and risk assessment prior to the visit taking place.
- All parents of a child/young person with a medical condition attending off-site activity or overnight residential are asked for written consent,

giving staff permission to administer medication if required and individual Medical Needs Plan has not been drawn up.

- The residential visit form also details what medication and what dose the pupil is currently taking at different times of the day. It helps to provide up-to-date information to relevant staff and supervisors to help the pupil manage their condition while they are away.

Other record keeping

- The school keeps an accurate record of each occasion an individual pupil is given or supervised taking medication. Details of the supervising staff member, pupil, dose, date and time are recorded. If a pupil refuses to have medication administered, this is also recorded and parents are informed as soon as possible.
- The school holds training on common medical conditions once a year. A log of the medical condition training is kept by the school and reviewed every 12 months to ensure all new staff receive training.
- All school staff who volunteer or who are contracted to administer medication are provided with training by a healthcare professional. The school keeps a record of staff who have had training.

There is clear guidance on the safe storage and handling of medication at school

Safe storage – emergency medication

- Emergency medication is readily available to children/young people who require it at all times during the school day or at off-site activities. If the emergency medication is a controlled drug and needs to be locked up, the keys are readily available and not held personally by members of staff.
- Most children/young people at school will carry at all times and are reminded of their emergency medication. Pupils keep their own emergency medication securely.

- Where the child's healthcare professional advises that they are not yet able or old enough to self-manage and carry their own emergency medication, they know exactly where to access their emergency medication and which member of staff they see.

Safe storage – non-emergency medication

- All non-emergency medication is kept in a secure place, in a lockable cupboard in a cool dry place. Pupils with medical conditions know where their medication is stored and how to access it.
- Staff ensure that medication is only accessible to those for whom it is prescribed.

Safe storage – general

- There is an identified member of staff who ensures the correct storage of medication at school.
- All controlled drugs are kept in a locked cupboard and only named staff have access, even if the child/young person normally administers medication themselves. Medicines and devices such as asthma inhalers, blood glucose testing meters and epipens should be always readily available to children and not locked away.
- It is the parent's responsibility to ensure new and in date medication comes into school on the first day of the new academic year.
- Three times a year the identified member of staff checks the expiry dates for all medication stored at school.
- The identified member of staff, along with the parents of children/young people with medical conditions, will ensure that all emergency and non-emergency medication brought in to school is clearly labelled with the pupil's name, the name and dose of the medication and the frequency of dose. This includes all medication that pupils carry themselves.
- All medication is supplied and stored in its original containers/packages. All medication is labelled with the child/young person's name, date of birth, the name of the medication, expiry date and the prescriber's instructions for administration, including dose and frequency.

- Medication will be stored in accordance with instructions, paying particular note to temperature.
- Some medication for pupils at this school may need to be refrigerated. All refrigerated medication is stored in an airtight container and is clearly labelled. Refrigerators used for the storage of medication are in a secure area that is only accessible to staff.
- Most medication is sent home with pupils at the end of the school year.

Safe disposal

- Parents will be asked to collect out-of-date medication.
- If parents do not pick up out-of-date medication, or at the end of the school year, medication is taken to a local pharmacy for safe disposal.
- A named member of staff is responsible for checking the dates of medication and will arrange for the disposal of any that have expired.
- Sharps boxes are used for the disposal of needles. Parents obtain sharps boxes from the child's GP or paediatrician on prescription. All sharps boxes in school are stored in a locked cupboard unless alternative safe and secure arrangements are put in place on a case-by-case basis. Arrangements should be made for their safe disposal.
- If a sharps box is needed on an off-site or residential visit a named member of staff is responsible for its safe storage and return it to school or the child/young person's parent.

Supporting Medical Conditions in school policy is regularly reviewed, evaluated, consulted with stakeholders and updated.

- The policy is reviewed, evaluated and updated annually in line with the school's policy review timeline and receives a full consultation with stakeholders.
- Any new government guidance is actively sought and fed into the review, guidance will be provided by Local Authority Officers.
- When evaluating the policy, the school seeks feedback and further consultation on the effectiveness and acceptability of the medical

conditions policy with a wide-range of key stakeholders within the school, health settings and with parents and children/young people.

Unacceptable practice

Although school staff should use their discretion and judge each case on its merits with reference to the child's individual healthcare plan, it is not generally acceptable practice to:

- prevent children from easily accessing their inhalers and medication and administering their medication when and where necessary;
- assume that every child with the same condition requires the same treatment;
- ignore the views of the child or their parents; or ignore medical evidence or opinion (although this may be challenged);
- send children with medical conditions home frequently for reasons associated with their medical condition or prevent them from staying for normal school activities, including lunch, unless this is specified in their individual Medical Needs Plan;
- if the child becomes ill, send them to the school office or medical room unaccompanied or with someone unsuitable;
- penalise children for their attendance record if their absences are related to their medical condition, e.g. hospital appointments;
- prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively;
- require parents, or otherwise make them feel obliged, to attend school to administer medication or provide medical support to their child, including with toileting issues. No parent should have to give up working because the school is failing to support their child's medical needs; or
- prevent children from participating, or create unnecessary barriers to children participating in any aspect of school life, including school trips, e.g. by requiring parents to accompany the child.

Liability and Indemnity

- The school has an appropriate level of insurance and reflects the level of risk associated with supporting medical conditions.

- The school recognises that the insurance policy should provide liability cover relating to administration of medication.
- Individual cover may need to be arranged and any requirements of the insurance policy, such as staff training, will be complied with.

Complaints Procedure

- If parents or carers have concerns or are dissatisfied with the support provided they should directly contact the school and follow the complaint procedure set by the school.

APPENDIX A: Individual healthcare plan

Name of school/setting	
Child's name	
Group/class/form	
Date of birth	
Emergency contact telephone number and relationship to child	
Medical diagnosis or condition	
Date	

Describe medical needs and give details of child's symptoms, triggers, signs, treatments, facilities, equipment or devices, environmental issues etc

Name of medication, dose, method of administration, when to be taken, side effects, contra-indications, administered by/self-administered with/without supervision

Daily care requirements if relevant

Specific support for the pupil's educational, social and emotional needs if relevant

Other information

Describe what constitutes an emergency, and the action to take if this occurs

Who is responsible in an emergency (*state if different for off-site activities*)