



Dear Parents and Carers,

In this Sunday's Gospel, we read how Jesus healed Simon's mother-in-law. After he brought peace and recovery to her, everyone crowds in on Jesus, wanting to be healed. Finally, Jesus goes off in the early morning to gather strength by praying to his Father.

Difficulties, worries and sickness can sometimes be part of our lives. St Thomas More reminds us that, "*Earth has no sorrow that heaven cannot heal.*"

**Wednesday 31<sup>st</sup> January 2024**

When we believe in Jesus and we pray and look carefully, we can often learn something about the world and ourselves, and about how Jesus is always there for us. Believing in Jesus and loving others changes how we see the world and brings healing.

Enjoy a very special time with your children this evening, hearing your child's thoughts about this Sunday's Gospel and this Wednesday's word, which is **HEALING**.



*Dom Henry Wansbrough*

**A Word from Pope Francis**

*"God grants us his love, which gives us strength and heals us."*



## THE GOSPEL IN CHURCH Sunday 4<sup>th</sup> February 2024



On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway.

He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many evil spirits, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there.

*Adapted from Mark 1:29-39  
The 5<sup>th</sup> Sunday of Ordinary Time, Year B*

**Come and learn more about the Gospel above, and say some prayers for your family & friends, at your local parish church this Sunday.**

### Good News for Everyone

God still heals today, through the sacraments of the Church (which remind us of God's love and care for us) and through people: doctors, nurses and, if we let him, through us too. During Lent, many parish churches will be having special Reconciliation services to which all are warmly invited.

To find out more about the Catholic Faith, see: [wednesdayword.org](http://wednesdayword.org) and [cbcew.org.uk](http://cbcew.org.uk)

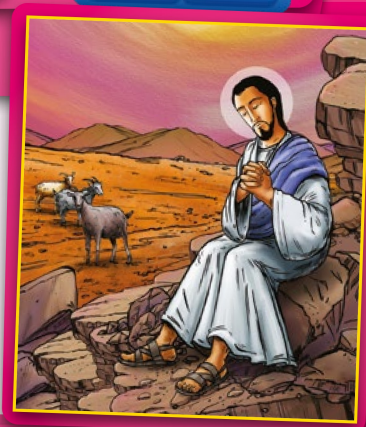


# Good News for Families



## Listening & Learning Together

Jesus said, "Where two or three gather in my name, I shall be there with them."



**1** After teaching and praying in the synagogue, Jesus went to Simon and Andrew's house. There they found that Simon's mother-in-law had gone to bed with a fever. Jesus went to her, took her by the hand and she was healed. She got up and began to serve all those who were there. That evening, the people of the town brought to Jesus anyone who was sick, and Jesus cured all kinds of diseases and sickness. Then very early the next morning, Jesus left the house to find a quiet place where he could be by himself to pray.

**After healing all those who were sick, where did Jesus go and what did he do? Which word or words stood out for you in this Gospel, and why? See the Gospel picture opposite. What does it make you think about?**

## 2 Wednesday's Word is ...

# HEALING



## 3 Loving & Growing

**"Love is the first ingredient in the relief of suffering." St Pio of Pietrelcina (Padre Pio)**

This Sunday's Gospel reminds us how, in Jesus, God is active in the world, bringing healing. At differing times and in differing ways, we all need the healing touch of God. Ask your child what the word 'healing' means to them. It may help your child if you tell them about the different kinds of healing we can experience in life. Then ask your child who brings healing to them, bringing comfort when they are ill, hurt or upset.

**"Prayer is certainly the most wonderful medicine in the world."**

*St Hyacinth*

As a family, consider if there is anyone to whom you can help bring God's healing in this coming week. What could you do? Perhaps you could: pray for someone and ask them to pray for you too; talk gently and lovingly to someone if there is a problem; take time to listen carefully to them, and try to support them where possible. Can you think of any good ways to bring healing to others?

Dear Lord Jesus, help us to **heal** and bring comfort with kind words and good deeds, sharing your warmth and care every day. Amen.



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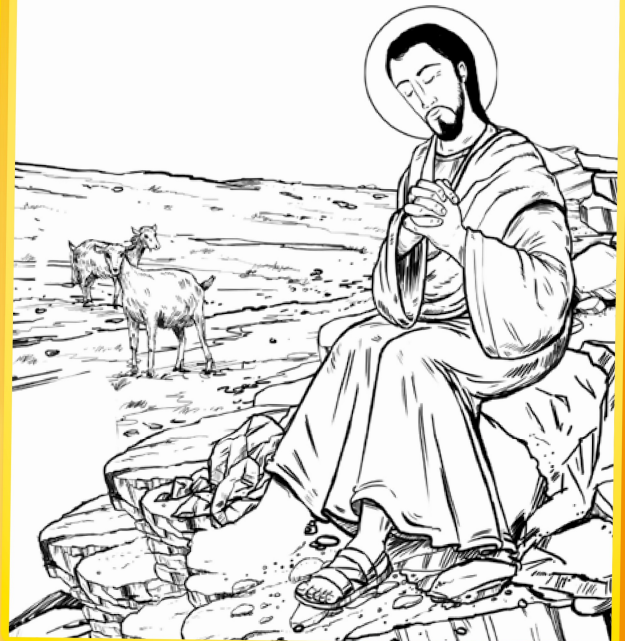
## WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

- TOWN**
- EVENING**
- PEOPLE**
- BROUGHT**
- DISEASES**
- SICKNESS**
- JESUS**
- HEALED**

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

Find and draw 5 differences, then colour the picture



Cross out the letters **u i v** in the jumbled words below to find 4 real words.

**hevaulied wuventi uhavind tivoouk**

Jesus \_\_\_\_\_ to her, \_\_\_\_\_ her by  
the \_\_\_\_\_ and she was \_\_\_\_\_.

It's good to be a 'healer'. We can hurt people by unkind words, by a look or by refusing to speak to them.

But we can heal people by a smile, a greeting or even by asking for their forgiveness or offering them ours.

This week I will try my best to ...

Write a promise & draw a big smile on Smiley



Share the Good News

Print and complete the leaflet with your child & **SHARE A DIGITAL COPY** with your friends

A Free Weekly Gift for Everyone

