



	AUTUMN	SPRING	SUMMER
Nursery	<p><b>Journey In Love – Social &amp; Emotional</b> To recognise the joy of being a special person in my family.</p> <p><b>RSHE – I am me – we are special</b> <b>Good feelings, Bad feelings</b> <b>Being Kind</b> <b>That’s not how you do it</b> <b>It’s OK to be different</b></p> <p><b>PE - Know equipment needs to be used safely.</b></p>	<p><b>Journey In Love – Physical</b> To recognise that we all different and unique.</p> <p><b>RSHE – Growing Up (Life Cycles)</b> <b>Keeping Safe</b> <b>Personal Relationships</b> <b>The judgemental Flower – Valuing difference of others</b></p> <p><b>PE - Understand the need for varied and healthy food.</b></p> <ul style="list-style-type: none"> <li>• <b>Work and play cooperatively and take turns with others.</b></li> </ul>	<p><b>Journey In Love – Spiritual</b> To celebrate the joy of being a special person in God's family.</p> <p><b>RSHE –Keeping Safe</b> <b>Me, You Us</b></p> <p><b>Mommy, mamma and me – Celebrate my family</b></p> <p><b>PE Participate in Sports day and physical activities that are included within this using a variety of equipment, taking turns and celebrating other’s successes.</b></p>
Reception	<p><b>Journey In Love – Social &amp; Emotional</b> To recognise the joy of being a special person in my family</p> <p><b>RSHE – I am me – we are special</b> <b>The Big Hair swap</b> <b>Good feelings, Bad feelings</b> <b>Positive Friendships</b> <b>You Choose – Say what I think</b> <b>It’s OK to be different</b> <b>No difference between Us – gender equality, respectful relationships, tolerance, acceptance.</b></p>	<p><b>Journey In Love – Physical</b> To recognise that we all different and unique.</p> <p><b>RSHE – Growing Up (Life Cycles)</b> <b>Keeping Safe</b> <b>Personal Relationships</b> <b>Blue Chameleon – It’s good to be friends with someone different</b> <b>My mouth is a volcano – respecting others</b></p> <p><b>PE - Use safety measures without direct supervision.</b></p>	<p><b>Journey In Love – Spiritual</b> To celebrate the joy of being a special person in God's family.</p> <p><b>RSHE –Keeping Safe</b> <b>Me, You Us</b></p> <p><b>The family Book – Understand that all families are different</b> <b>Mommy, mamma and me</b></p> <p><b>PE - Understand the importance for good health of physical exercise, healthy diet and talk about different ways to keep healthy and safe</b></p>

Year 1	<p><b>Journey In Love – Social &amp; Emotional</b> To recognise the signs that I am loved in my family</p> <p><b>RSHE –Who we are matters and what we do matters</b></p> <p><b>Saying sorry, Physical Health &amp; Fitness, Healthy eating,</b></p> <p>Elmer – Like the way I am</p> <p>Picnic In Park – Understand families are different</p> <p>That’s not how you do it – Accept people are different</p> <p>Ten Little Pirates – all genders have equal value No One else like You – Celebrating difference</p> <p><b>Linked to:</b></p> <p><b>Science – Animals including humans</b> What materials would make Aviator attire?</p>	<p><b>Journey In Love – Physical</b> To recognise how I am cared for and kept safe in my family</p> <p><b>RSHE – Personal Relationships Keeping Safe</b></p> <p>My Grandpa is amazing</p> <p>Recognise people of all ages are valued and special</p> <p>Max the champion – Understand our bodies work in different ways</p> <p>I just don’t like the sound of “No” – understanding we have different opinions</p> <p><b>Linked to</b></p> <p>Science innovation</p> <p><b>PE Identify and use effective communication to begin to work as a team.</b></p>	<p><b>Journey In Love – Spiritual</b> To celebrate ways that God loves and cares for us.</p> <p><b>RSHE –Living In the Wider World</b></p> <p><b>Who is my neighbour – Diversity, Equality, Community</b></p> <p>My World, Your World – Understand we share the world with lots of different people</p> <p>Penguin Polly – My voice matters</p> <p>That’s not what I saw – Accept people have different ways</p> <p><b>Linked to</b></p> <p><b>Science – Animals including humans</b> Plants/Living things</p>
	Year 2	<p><b>Journey In Love – Social &amp; Emotional</b> To recognised the joy and friendship of belonging to a diverse community.</p> <p><b>RSHE - RSHE - Who we are matters and what we do matters Physical Health &amp; Fitness, Healthy eating,</b></p> <p>Penguin Polly – How to start a conversation</p> <p>The Big Book of Families – Explore diversity</p> <p>Introducing Teddy – Having different friends</p> <p>The first Slodge – understand we share the world</p> <p><b>Linked to Science – Animals including human body</b></p>	<p><b>Journey In Love – Physical</b> To describe ways of being safe in communities.</p> <p><b>RSHE – Me, my body, my health, Emotional Wellbeing</b></p> <p>What the Jackdaw saw – We communicate in different ways</p> <p>The Odd Egg – Understand what makes me proud</p> <p>Just Because – Being proud to be different</p> <p><b>Linked to</b></p> <p>Science innovation</p> <p>Science inventors</p>

Year 3			
	<b>Journey In Love – Social &amp; Emotional</b>	<b>Journey In Love – Physical</b>	<b>Journey In Love – Spiritual</b>
	<p>To describe and give reasons how friendships make us feel happy and safe.</p> <p style="text-align: center;"><b>RSHE – Being Unique Life Cycle</b></p> <p style="text-align: center;"><b>Making the right choice</b></p> <p style="text-align: center;"><b>Physical Health &amp; Fitness, Healthy eating,</b></p> <p style="text-align: center;"><b>Perfect Square – Develop skills in resilience</b></p> <p style="text-align: center;"><b>Oliver – Understand how difference can affect someone</b></p> <p style="text-align: center;"><b>This is our house – understand impact of discrimination</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p style="text-align: center;"><b>Science – Animals including human body</b></p> <p style="text-align: center;"><b>Science Forces &amp; Magnets</b></p>	<p>To describe and give reasons why friendships can break down, how they can be repaired and strengthened.</p> <p style="text-align: center;"><b>RSHE – Personal Relationships, Keeping Safe, Health Choices</b></p> <p style="text-align: center;"><b>Big Bob, Little Bob – Use my voice</b></p> <p style="text-align: center;"><b>Nanny Fox – Be honest about myself and know how to speak up</b></p> <p style="text-align: center;"><b>Something Else – Speak up if someone feels like an outsider</b></p> <p style="text-align: center;"><b>Two Monsters – Where do problems start</b></p> <p style="text-align: center;"><b>The Hueys in the New Jumper – Helping someone who may seem different</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p style="text-align: center;"><b>Science – Rocks</b></p> <p style="text-align: center;"><b>Science - innovation &amp; invention</b></p> <p style="text-align: center;"><b>PE – Knows that healthy eating and exercise makes you feel better.</b></p>	<p>To celebrate the joy and happiness of living in friendship with God and others.</p> <p style="text-align: center;"><b>RSHE –Supporting Others</b></p> <p style="text-align: center;"><b>Living In the Wider Community</b></p> <p style="text-align: center;"><b>harmful substances</b></p> <p style="text-align: center;"><b>Beegu – How to be welcoming</b></p> <p style="text-align: center;"><b>Rosie Revere, Ada Twist, Gender equality</b></p> <p style="text-align: center;"><b>Stellaluna – Triumphant over adversity and different able bodies</b></p> <p style="text-align: center;"><b>Pearl Fairweather –The prevention of violence, respectful relationships – equality</b></p> <p style="text-align: center;"><b>Annie's Plaid Shirt – Tolerance &amp; self esteem</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p style="text-align: center;"><b>Science –Light &amp; Plants</b></p> <p style="text-align: center;"><b>PE Identify and use effective communication to begin to work as a team.</b></p>

Year 4

### **Journey In Love – Social & Emotional**

To describe how we all should be accepted and respected

**RSHE – Proud to be me**  
**Positive Friendships, Cyber Safe**  
**Me, my body, my health**  
**Physical & Mental Health & Fitness,**  
**Healthy eating,**  
**We are all born free – Diversity and Human Rights**  
**The Cow who climbed a tree – How to be assertive**  
**Dogs don't do ballet – know how to be heard**  
**King & King – Why do people get married**  
**The story of Ruby Bridges – Equality & racism**  
**Linked to**  
**Science –Animals including Humans**  
**Science innovation& inventors**  
**PE – recognises healthy and unhealthy foods and know that exercise helps to feel better physically and emotionally.**

### **Journey In Love – Physical**

To describe how we should treat others making links with the diverse modern society we live in

**RSHE – Me, my health, my body**  
**Changing adolescent body**  
**Emotional Wellbeing**  
**The Way back home – overcome language as a barrier**  
**The flower – knowing when to ask questions**  
**Misery Moo – how does my behaviour and mood affect others**  
**Emmanuel's Dream – Different able bodies**  
**The colour thief – living with depression**  
**Linked to**  
**Science –Sound & electricity**  
**States of matter**

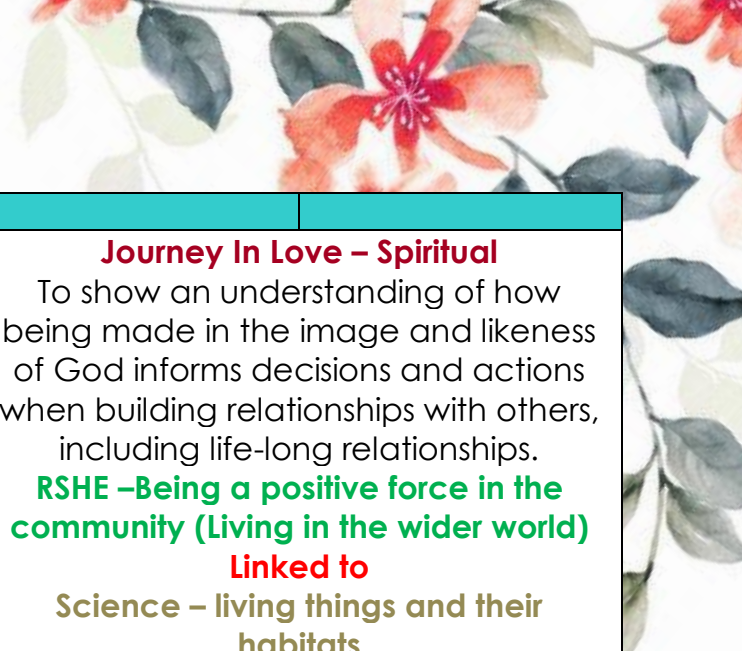
### **Journey In Love – Spiritual**

To celebrate the uniqueness and innate beauty of each of us.

**RSHE –Helping others**  
**Living in the wider world**  
**harmful substances**  
**The best cow n the show – speak up for others**  
**A crayons story – to be happy with who I am**  
**Leaf – overcome fears about difference**  
**The Girl who thought in pictures – gender equality and ability equality**  
**Linked to**  
**Science innovation**  
**Science inventors**  
**Science –Light & plants**  
**PE Communicate clearly with other people in a team.**

Year 5				
	<p><b>Journey In Love – Social &amp; Emotional</b></p> <p>To show knowledge and understanding of emotional relationship changes as we grow and develop</p> <p><b>RSHE –What is faith</b></p> <p><b>Respect &amp; Honesty</b></p> <p><b>Me, my body, my health</b></p> <p><b>Physical Health &amp; Fitness, Healthy eating, Changing adolescent body</b></p> <p><b>Two of everything – Sharing problems</b></p> <p><b>Where the poppies grow – learning from past Rose Blanche &amp; How to steal a dog – justify my actions</b></p> <p><b>Linked to</b></p> <p><b>Science – Animals including humans</b></p> <p><b>PE - Can describe the effect exercise has on the body</b></p> <p><b>Can explain the importance of exercise and a healthy lifestyle</b></p> <p><b>Can explain how their body reacts to different types of exercises</b></p> <p><b>Can explain why we need regular and safe exercise and understand the effect on the body when this doesn't happen</b></p>		<p><b>Journey In Love – Physical</b></p> <p>To show knowledge and understanding of the physical changes in puberty.</p> <p><b>RSHE -Personal Relationships</b></p> <p><b>Keeping Safe</b></p> <p><b>The Red Tree – Hope</b></p> <p><b>The Cow who climbed a Tree – how to exchange dialogue</b></p> <p><b>Misery Moo – Be aware of how my behaviour affects others</b></p> <p><b>Linked to</b></p> <p><b>Science inventors</b></p> <p><b>Changes in materials</b></p>	<p><b>Journey In Love – Spiritual</b></p> <p>To celebrate the joy of growing physically and spiritually.</p> <p><b>RSHE – Created to live in a community (Living in the wider world)</b></p> <p><b>Linked to</b></p> <p><b>Science –Forces</b></p> <p><b>Science Earth &amp; Space</b></p> <p><b>Science innovation</b></p> <p><b>Science – living things and their habitats</b></p> <p><b>Basic First Aid</b></p> <p><b>PE - Awareness of how exercise can help support our mental wellbeing. Understanding the importance of exercise and sport in social environments</b></p>





<b>Year 6</b>			
	<p style="text-align: center;"><b>Journey In Love – Social &amp; Emotional</b></p> <p>To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families</p> <p style="text-align: center;"><b>RSHE –Trust &amp; Courage</b></p> <p style="text-align: center;"><b>Me</b></p> <p style="text-align: center;"><b>Physical Health &amp; Fitness, Healthy eating, drugs, alcohol &amp; tobacco, Changing adolescent body</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p>Science – Animals including human body</p> <p>PE - Can describe the effect exercise has on the body</p> <ul style="list-style-type: none"> <li>• Can explain the importance of exercise and a healthy lifestyle</li> <li>• Can explain how their body reacts to different types of exercises</li> <li>• Can explain why we need regular and safe exercise and understand the effect on the body when this doesn't happen</li> </ul>	<p style="text-align: center;"><b>Journey In Love – Physical</b></p> <p>To explain how human life is conceived.</p> <p style="text-align: center;"><b>RSHE - emotional wellbeing</b></p> <p style="text-align: center;"><b>Making good choices</b></p> <p style="text-align: center;"><b>Keeping Safe</b></p> <p style="text-align: center;"><b>Basic First Aid</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p>Science –Evolution &amp; inheritance</p>	<p style="text-align: center;"><b>Journey In Love – Spiritual</b></p> <p>To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p> <p style="text-align: center;"><b>RSHE –Being a positive force in the community (Living in the wider world)</b></p> <p style="text-align: center;"><b>Linked to</b></p> <p>Science – living things and their habitats</p> <p>Science innovation</p> <p>Science inventors</p> <p>PE - Awareness of how exercise can help support our mental wellbeing. Understanding the importance of exercise and sport in social environments</p>

