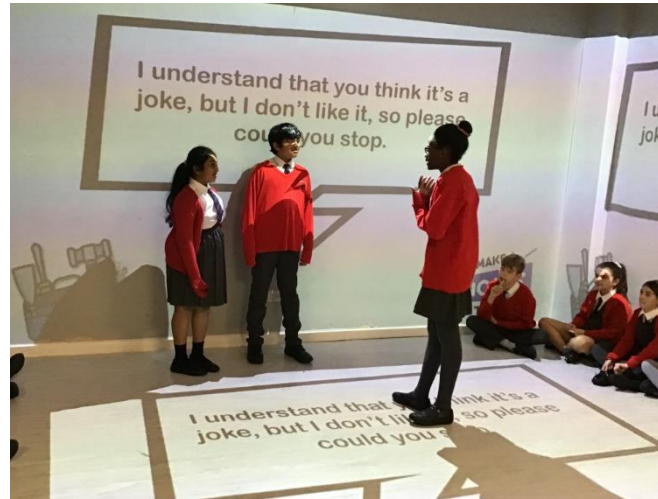


Spiritual development

Children at Sacred Heart develop spiritual awareness through exploration of spiritual practices (worship and prayer) and through making links within their own lives. They are encouraged to explore meaning and purpose for individuals, their community and society generally. They are always given the opportunity to pause and reflect.



SMSC in PSHE

Moral development

Moral development is encouraged through PSHE by exploring what is right and wrong and working out what we need to do in our local community and wider to make sure everyone thrives and we have a positive impact on others. We see this in practice with children that attend the local food bank each week to support those in need. They also learn about how to make good choices through being educated on the dangers of drugs, alcohol and tobacco. Children learn to respect and promote equality by learning about the different family make ups and ways of life, that people may be accustomed to. Our children learn about respecting themselves and others, linked to the British Value of mutual respect.



Social development

PSHE lessons use multi-sensory approaches to learning which include activities such as roleplay and debate and discussion-based learning which is intrinsic to their social development. They are encouraged to work as part of a team within PSHE lessons. Enrichment through visitors coming in to school and trips outside of school also support the children's social development and enhances learning, e.g. anti-bullying workshops. Children also take part in extra-curricular activities such as Mindfulness club and Stretchy club, which promote positive mental health. The children learn about positive friendships and how to maintain these. At Sacred Heart, our children learn about living in the wider world and are given every opportunity to prepare for how to socially navigate that.

Cultural development

We celebrate cultural development within PSHE through celebrating the diverse community of our school. Every year, we hold a culture fair whereby families share a piece of their culture with the rest of the school community. This is also reinforced through the children sharing holidays they have celebrated, such as Eid or Diwali. This is linked to the British Value of tolerance and acceptance of others.