



SACRED HEART CATHOLIC PRIMARY SCHOOL & NURSERY

PSHE/RSHE Intent:

Through our PSHE/RSHE curriculum, we want to support our children to become healthy, caring, responsible and resilient members of society. We aim to help them understand how they are developing both personally and socially as well as addressing moral, social and cultural issues they may face as they grow up. Through our curriculum, we provide the children with the opportunities to learn about rights and responsibilities as well as celebrating living in such a diverse society. Our children are encouraged to develop their sense of self and self-worth through actively engaging in school life both in school and within the local community. There will be many learning opportunities to ensure all children have high aspirations of themselves.

PSHE/RSHE Implementation:

How PSHE is taught at Sacred Heart:

At Sacred Heart we deliver the PSHE curriculum by utilising first-hand experience and sharing good practice and it is every staff members responsibility to do this by being a role model and having high expectations of Sacred Heart pupils.

The delivered curriculum reflects the needs of our pupils and is tailored to meet specific needs. We expect teachers to use the PSHE programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

The curriculum is split into three core themes of: Health and Wellbeing, Relationships and Living in the Wider World. The children address these themes each half term and are built upon as they move through school.

In EYFS, floor books are used to record the children's responses to and progress in PSHE/RSHE lessons. The rest of the school record work in individual books; the children record a self-reflection on what they have learnt and how this will help them in their daily lives at the end of each session.

At Sacred Heart we believe that PSHE/RSHE plays a vital part in developing well-rounded citizens and is taught at least once a week. In addition to this, staff are able to make cross-curricular links through the teaching of Religious Education and Collective Worship and many other subject areas such as History, Science, PE and Geography.

As well as our weekly lessons, we also have many days dedicated to PSHE/RSHE topics throughout the year which further addresses the PSHE Core Themes. PSHE is also an important part of assemblies and Gospel assemblies where children's spiritual, moral, social and cultural curiosity is nurtured.