



SACRED HEART CATHOLIC PRIMARY SCHOOL & NURSERY

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6th September 2017

Dear Parent/Carer

Relationship and Sex Education

It is now statutory that children in school are taught about RSE (relationships and sex education) and the Governors in our school have adopted 'A Journey in Love' programme. This programme is the recommended programme of study for Catholic schools and is supported by Catholic Church teaching. Central to our work within school is learning about our faith, understanding ourselves, our position in the community and how we develop as human beings – our spiritual, social, emotional and physical development. This is how A Journey in Love fits into the school's curriculum. The scheme permeates through all levels of learning throughout the school. It focuses on friendship, family, community, relationships and spirituality. This programme is also completely age appropriate and enables the growth of children's understanding about relationships with each other and God.

I have arranged for curriculum meetings to take place next week in which your child's class teacher will outline the RSE curriculum and the curriculum coverage for the term. During these meetings, you will be given information about school and how you can support your child's learning at home and we would be grateful if you could attend the meeting. If you are unable to attend please let your child's class teacher know and they will arrange for the information to be sent home.

The title of the topic for Year 1 is "We meet God's love in our family". The focus of this work will be to understand that they are growing and developing as members of their own family and God's family. The meeting for Year 1 children will be on:

Monday 11th September at 3.15pm

If you have any queries about the content of the programme or resources used, please do not hesitate in contacting the office or your child's class teacher. All materials are available for you to browse through should you so wish.

Thank you for your continued support

Yours sincerely

Mrs L Roach
Headteacher

