

*Sacred Heart Catholic Primary
School and Nursery*



PE Curriculum Map

2020/2021

	Autumn		Spring		Summer	
Nursery	Managing own clothes & hygiene Using equipment safely		Using writing tools correctly with skill Travelling and climbing		Healthy lifestyles Throwing and catching	
Reception	Body Management 1 Gymnastics 1		Manipulation & Coordination 1 Dance 1		Speed Agility Travel 1 Gymnastics 2	
Year 1	Attack, Defend, Shoot	Dance	Gymnastics	Send and Return	Hit, Catch Run	Run, Jump, Throw
Year 2	Dance	Gymnastics	Hit, Catch, Run	Attack, Defend, Shoot	Send and return	Run, jump, throw
Year 3	Gymnastics	Football	Handball	Tennis Netball	Swimming	Athletics Cricket
Year 4	Football	Dance	Swimming	Swimming	Rounders Tag Rugby	Athletics Hockey
Year 5	Tag Rugby	Swimming	Hockey Gymnastics	Cricket	Netball	Athletics OAA
Year 6	Swimming	Football Dance	Handball	Tennis Rounders	Athletics OAA	Swimming