



SACRED HEART CATHOLIC PRIMARY SCHOOL & NURSERY

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Dear Parents/Carers,

Please read the following guidance in preparation for your child returning to school

How to stop COVID-19 spreading

There are things you and your children can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards.

We will be encouraging staff and children to follow these steps when in school.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

It is important that outside of school we all follow the government guidance around Covid-19, particularly the Stay at Home guidance below and do not bring your child into school.

www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

If you do keep your child off school due to Covid-19 symptoms, please ensure that you let us know this when you register your child's absence.

As a school if your child is off school, for a 14 or 7-day period, we will provide school work, so they can keep up their studies.

If your child presents Covid-19 symptoms in school, we will take your child to a safe area in school and contact you immediately to pick them up. Please make sure that your emergency contact details are up to date and correct.



If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111

It is vitally important that anyone who presents with Covid-19 symptoms get tested as soon as possible.

If someone from within school is confirmed with Covid-19 we will get in touch with the parents and carers of any children who have been in close contact with this person. These children will be asked to self-isolate for 14 days. Other members of the household **do not** need to self-isolate, unless your child also develops symptoms. Full details and instructions will be provided at the time. We will also send information to our wider school community as a reminder to our families of what actions you can take to reduce the spread of the virus.

Yours sincerely,



Mrs L Roach
Headteacher

