







Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spaghetti Bolognese Choose from fresh mince beef or veggie mince cooked with onions, garlic, tomatoes, mushrooms, and herbs then served on bed of spaghetti</p>	<p>Chicken Goujons Choose from pieces of fresh chicken strips coated in homemade breadcrumbs or vegetable nuggets baked in the oven until golden served with new potatoes</p>	<p>Sausages & Mash Choose from a fresh butcher's sausage or a Quorn sausage served with homemade mashed potatoes and gravy</p>	<p>Roast Turkey A home roasted turkey joint or Quorn fillet served with roast potatoes and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips</p>
Served with				
Broccoli	Sweetcorn	Peas	Cauliflower and/or Carrots	Peas or Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batches, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Flapjack	Iced Biscuit	Chocolate Orange Cake	Ice Cream	Victoria Sponge
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				




Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza, choose from: Cheese & Tomato, Ham & Pineapple or Pepperoni served with croquette potatoes</p>	<p>Pasta Bar Select your pasta, then your sauce and finish with your choice of toppings. Choose from. Sauces - cheese sauce or bolognaise Toppings – ham, turkey, tuna, cheese, sweetcorn, mushrooms, peppers, red onion</p>	<p>Hot Dogs Choose from a butcher's quality sausage or veggie sausage baked in the oven and served in a roll</p>	<p>Roast Chicken A home roasted chicken breast or Quorn fillet served with roast potatoes and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers baked in the oven & served with chips</p>
Served with				
Sweetcorn	Mixed Salad	Mini Corn Cobs	Cauliflower and/or Carrots	Peas or Baked Beans
or				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batches, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Home Baked Cookies	Raspberry Sponge & Custard	Muffins	Chocolate Brownie	Arctic Roll
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				



Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Creamy Chicken Curry Pieces of fresh chicken cooked with onions, garlic, ground coriander, cumin, ground ginger, turmeric and coconut milk and served on a bed of rice (Quorn pieces are available for vegetarian option)</p>	<p>Meatballs in Homemade Tomato Sauce Pork and beef meatballs and baked in the oven, served in a homemade tomato and herb sauce on a bed of pasta</p>	<p>Chicken Burger Choose from a chicken fillet burger or a spicy bean burger served on bun with homemade potato wedges</p>	<p>Roast Gammon A home roasted gammon joint or Quorn fillet served with roast potatoes and gravy</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers baked in the oven & served with chips</p>
Served with				
Sweetcorn	Broccoli	Mixed Salad	Peas	Peas and Baked Beans
<i>or</i>				
<p>Jacket potatoes & Panini's served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
<i>or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batches, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
And for dessert				
Chocolate & Cherry Cake	Jammy Doughnut	Frosted Cake	Ice Cream	Homemade Shortbread
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				